# Work Plan for MVP Teens

## September 2010 – June 2012

***Some activities are ongoing**

## Goal #1: *Promote non-violence in order to create a better community.*

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| **Objective 1.** Commit to learning conflict resolution skills and employing those skills within everyday life. | | |
| **Objective 2.** Share conflict resolution skills with peers and adults. | | |
| **Objective 3.** Become educated about all types of violence and prevention methods for each and develop peer and adult trainings based on these methods. | | |
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| **Proposed Activities** | **Progress Toward Objectives** | |
| | *Estimated Number Reached/Measure* | *Time Period* |
| **Key Activity 1:** Participate in a conflict resolution training | 7 youth, 2 adults | Fall 2010 |
| **Key Activity 2:** Develop trainings and presentations that can be shared with both youth and adults about the topic of conflict resolution | 2 trainings – 1 youth, 1 adult | Winter 2011 |
| **Key Activity 3:** Participate in workshops pertaining to violence in the areas of: family, interpersonal relationship (domestic violence), sexual, gang, and bullying | 7 youth, 2 adults | Winter 2011/ Winter 2012 |
| **Key Activity 4:** Participate in workshops about the "root causes of violence" to understand how these forms of violence perpetuate themselves in our community | 7 youth, 2 adults | Winter 2011/ Winter 2012 |
| **Key Activity 5:** Develop trainings and presentations that can be shared with both youth and adults about the | 6 trainings/events – 2 youth, 4 adult | Spring 2011/ Spring 2012 |

## Goal #2: *Increase community literacy on violence prevention through youth-provided education.*

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| **Objective 1.** Collaborate with Weed & Seed partner agencies to provide education from a youth perspective to an adult audience. | | |
| **Objective 2.** Work with parents to identify the lasting impact of violence in the home through educational workshops, panels, and trainings. | | |
| **Objective 3.** Present educational workshops at local and state levels regarding violence, bullying, and the lasting effects. | | |
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| **Proposed Activities** | **Progress Toward Objectives** | |
| | *Estimated Number Reached/Measure* | *Time Period* |
| **Key Activity 1:** Become familiar with the Weed & Seed partner agencies and their purposes | - | Fall 2011 |
| **Key Activity 2:** Facilitate at least 3 trainings and presentations to adults with a focus on violence, root causes, and the impact of violence on Manchester's youth | 3 trainings/events – 1 youth, 2 adult | Spring 2011/ Spring 2012 |
| **Key Activity 3:** Organize or attend at least one event for parents with information about the lasting impact of violence in the home | 1 training/event | Spring 2012 |

## <u>Goal #3</u>: *Promote community involvement and serve as role models to peers and other youth.*

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| **Objective 1.** Actively participate in community activities and encourage peers to become involved in their neighborhoods. | | |
| **Objective 2.** Practice role-modeling behavior amongst peers and younger youth to encourage appropriate behavior and positive interaction. | | |
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| **Proposed Activities** | **Progress Toward Objectives** | |
| | *Estimated Number Reached/Measure* | *Time Period* |
| **Key Activity 1:** Participate in skill-building workshops and activities | 7 youth, 2 adults | Ongoing |
| **Key Activity 2:** Collaborate with Weed & Seed partner agencies to develop at least one project with a focus on community involvement and improvement such as homeless youth outreach, HEAL alleyway project, alcohol & tobacco advertising project, and/or Kids' Cafe | 4 activities | Spring 2012 |